

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Pelvic Organ Prolapse Distress Inventory 6 (POPDI-6):**

	NO	YES			
		<u>If yes</u> , how much does it bother you?			
	No	Not at all	Somewhat	Moderately	Quite a bit
1. Usually experience <i>pressure</i> in the lower abdomen?	0	1	2	3	4
2. Usually experience <i>heaviness</i> or <i>dullness</i> in the pelvic area?	0	1	2	3	4
3. Usually have a bulge or something falling out that you can see or feel in your vaginal area?	0	1	2	3	4
4. Ever have to push on the vagina or around the rectum to have or complete a bowel movement?	0	1	2	3	4
5. Usually experience a feeling of incomplete bladder emptying?	0	1	2	3	4
6. Ever have to push up on a bulge in the vaginal area with your fingers to start or complete urination?	0	1	2	3	4

**Colorectal-Anal Distress Inventory 8 (CRADI-8):**

	No	Not at all	Somewhat	Moderately	Quite a bit
7. Feel you need to strain too hard to have a bowel movement?	0	1	2	3	4
8. Feel you have not completely emptied your bowels at the end of a bowel movement?	0	1	2	3	4
9. Usually lose stool beyond your control if your stool is well formed?	0	1	2	3	4
10. Usually lose stool beyond your control if your stool is loose?	0	1	2	3	4
11. Usually lose gas from the rectum beyond your control?	0	1	2	3	4
12. Usually have pain when you pass your stool?	0	1	2	3	4
13. Experience a strong sense of urgency and have to rush to the bathroom to have a bowel movement?	0	1	2	3	4
14. Does part of your bowel ever pass through the rectum and bulge outside during or after a bowel movement?	0	1	2	3	4

**Urinary Distress Inventory 6 (UDI-6):**

	No	Not at all	Somewhat	Moderately	Quite a bit
15. Usually experience frequent urination?	0	1	2	3	4
16. Usually experience urine leakage associated with a feeling of urgency, that is, a strong sensation of need to go to the bathroom?	0	1	2	3	4
17. Usually experience urine leakage related to coughing, sneezing, or laughing?	0	1	2	3	4
18. Usually experience small amounts of urine leakage (that is, drops)?	0	1	2	3	4
19. Usually experience difficulty emptying your bladder?	0	1	2	3	4
20. Usually experience <i>pain</i> or <i>discomfort</i> in the lower abdomen or genital region?	0	1	2	3	4